Gyeongsangnam-do Student Infectious Disease Prevention Newsletter

Issue No. 26-01 (1st Quarter, 2026)

Stay Healthy This Semester, Don't Forget Your Vaccinations!

Required Vaccinations for New Students

· Vaccines received during infancy may lose their immunity over time. To protect children as they begin school life, please make sure they complete the required vaccinations.



DTaP (Diphtheria, Tetanus, Pertussis): 5th dose
IPV (Polio): 4th dose
MMR (Measles, Mumps, Rubella): 2nd dose
Japanese Encephalitis: 4th dose (inactivated vaccine) or 2nd dose (live vaccine)



Tdap (Tetanus, Diphtheria, Pertussis): 6th dose (or Td)
Japanese Encephalitis: 5th dose (inactivated vaccine) or 2nd dose (live vaccine)
HPV (Human Papillomavirus): 1st dose

Immunization Information Website (https://nip.kdca.go.kr) ▶ View Vaccination Records

Have questions? Influenza (Flu) Vaccination Q&A

Q I received a flu shot last October (October 2025). Do I need to get another one in March 2026?

A No. Influenza vaccination is recommended once per season (September–April of the following year). If you were vaccinated last fall, the protection generally lasts through this spring, so you do not need another shot now. (Next recommended vaccination period: Fall 2026.)

Q I've heard that you can still get the flu even after getting the influenza vaccine. Why should I get the vaccinated?

A Even if you get the flu after vaccination, the symptoms are usually much milder. The vaccine also helps prevent serious complications such as pneumonia and severe illness.



Important Things to Remember Before and After Vaccination!

Before Vaccination



Make sure you are feeling well when you visit the clinic for vaccination.



Minors should be accompanied by a parent or guardian. If it is difficult for a teenager to come with a guardian, please bring the following documents completed in advance:
① Parental Consent Form* ② Pre-vaccination Screening Questionnaire**

*The consent form and screening questionnaire can be downloaded from the Immunization Helper website ▶ Vaccination Management ▶ Download Related Materials.
** The electronic pre-vaccination questionnaire can also be completed through the Immunization Helper website.

After Vaccination



Stay at the clinic for 20–30 minutes after vaccination to monitor for any adverse reactions.



Check the schedule for your next vaccination. (You may apply for the advance notification service.)



If you experience adverse reactions such as high fever or severe pain:

1. Consult the clinic
2. Report it to the public health center or through the Immunization Helper website under "Adverse Reactions After Vaccination."

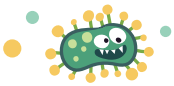


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Check the symptoms of chickenpox and the school attendance guidelines, as cases may increase after the start of the school term.

What is Chickenpox?

A highly contagious viral disease.



How Does It Spread?



Through direct contact with a person infected with chickenpox



When an infected person coughs or sneezes

Incubation Period

Usually 10–21 days (average: 14–16 days)



Symptoms and How the Illness Develops



Low fever and fatigue

Rash begins on the face or torso

The rash spreads to the arms and legs

Small red spots (slightly raised)

Blisters (fluid-filled vesicles)

Pustules (blisters filled with pus)

Scabs form as the skin heals



How long is it infectious?

- From 1–2 days before the rash appears
- Until all blisters have formed scabs



Isolation Guidelines for Confirmed Chickenpox Cases (School Attendance Restriction)

- Do not attend school or daycare until all blisters have crusted over (at least 5 days after the rash appears)



- If only spots or raised bumps appear and no scabs form: Isolation is recommended until no new skin spots appear for 24 hours



Home Care

- Use a separate bathroom if possible
- Do not share dishes, utensils, or towels.



When Visiting a Clinic

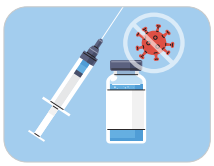
- Call ahead before visiting.
- Wear a mask during the visit.
- Avoid close contact with other patients.



For Close Contacts

- Vaccination is recommended within 72 hours of exposure.
- Monitor for symptoms for 21 days.

Chickenpox Prevention Tips to Protect Yourself and Your Friends



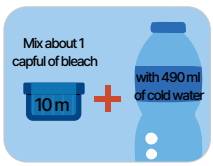
Check vaccination records and make sure all vaccinations are up to date.



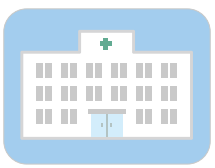
Wash your hands with soap under running water for at least 30 seconds.



Cover your mouth and nose with a tissue or your sleeve when you cough



Clean and disinfect frequently touched surfaces.



Watch for possible symptoms. If fever or a rash develops, do not attend school and seek medical care.

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